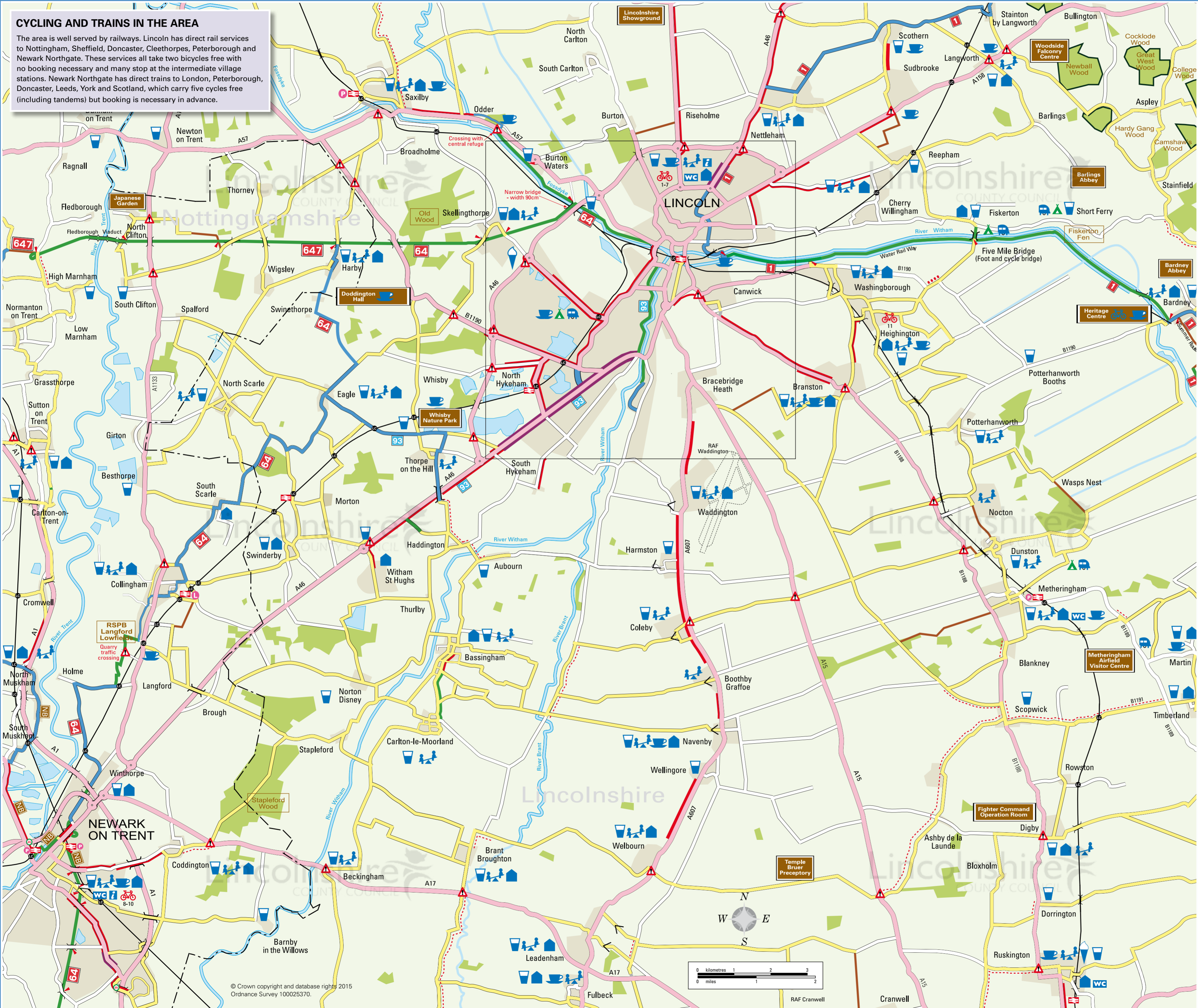


CYCLING AND TRAINS IN THE AREA

The area is well served by railways. Lincoln has direct rail services to Nottingham, Sheffield, Doncaster, Cleethorpes, Peterborough and Newark Northgate. These services all take two bicycles free with no booking necessary and many stop at the intermediate village stations. Newark Northgate has direct trains to London, Peterborough, Doncaster, Leeds, York and Scotland, which carry five cycles free (including tandems) but booking is necessary in advance.



CYCLING MAP 2015



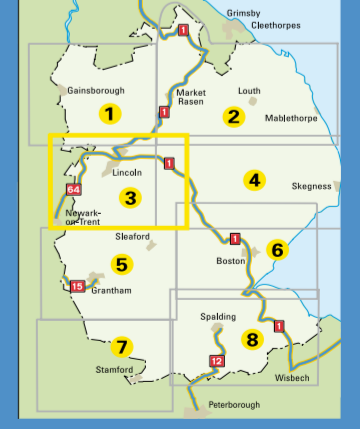
3 PUBLISHED BY LINCOLNSHIRE COUNTY COUNCIL

THE LINCOLN AREA
Lincolnshire County Council is pleased to publish this fifth edition of the popular Lincoln Cycling Map. The biggest influence on improvements for cyclists, since the last map was published in 2012, has been the outcomes of Lincolnshire County Council's Access LN6 programme. This scheme has encouraged more people to walk, cycle, use public transport and car share, focussing on the LN6 postcode of Lincoln.

The Lincoln hirebike scheme is now firmly established in the city and the map shows the 18 docking stations where bikes are available and details of how to rent a bike. This scheme enables easy access to cycles in a flexible way and is a good way to experience the excellent cycling that the area offers.

The map details the finished paths and crossings for cyclists around Whisby Road and Station Road in Hykeham which have made cycling in that part of the city much more attractive. It also shows the new path that links South Hykeham village to the main urban area.

The map highlights the many rural lanes that offer excellent cycling which can be accessed safely around Lincoln. Being a very agricultural area, there are times when very large lorries will use even the smallest roads in order to take the crops from the fields to shops, markets or to be processed. Although the lanes marked are generally the quieter ones, riders must bear in mind that all roads have periods when they are busier and attract larger or faster vehicles, so cyclists must always take care.



The other maps in this series can be obtained from Lincolnshire County Council. Cycle training is one of the best ways to boost your confidence on two wheels. Whether you're getting on a bike for the first time or a regular cyclist looking to improve your skills on busy roads, Access Lincoln can provide tailored courses to suit your individual abilities and goals. To book your place call 01223 473820 or visit www.cycletraininglincoln.co.uk

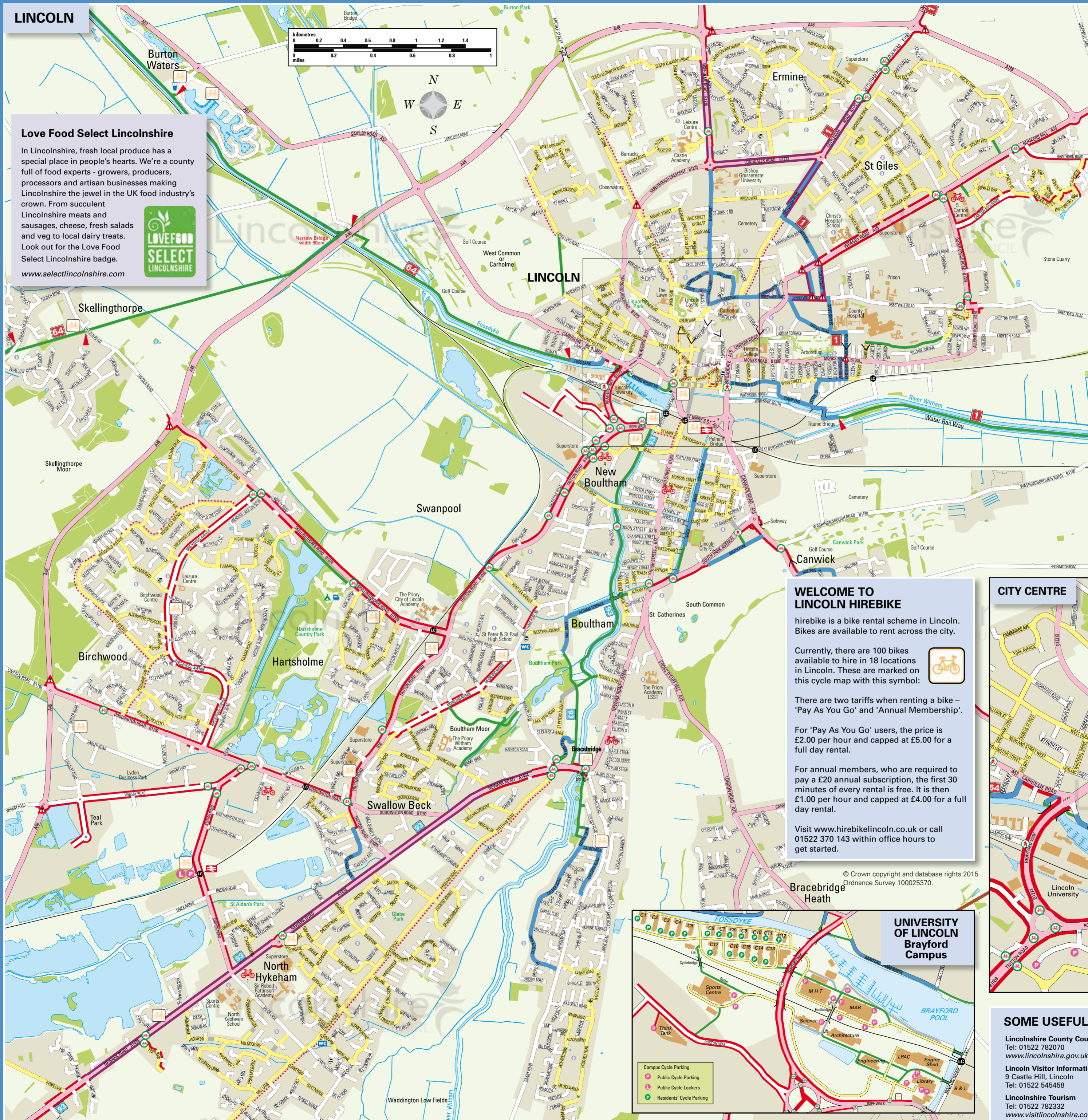
Photo Top: Enjoying a ride on Lincoln's West Common, Middle Left: Lincoln Cathedral, Middle Right: Victoria Howarth taking part in adult cycle training, Bottom: Renting hirebikes along Brayford Pool. All © Lincolnshire County Council.

CYCLE SHOPS

- Arrow Cycles** 312 Newark Road, North Hykeham, Lincoln LN6 8JX
Tel: 01522 694564
www.arrowcycles.com
- Cycle Sport (Lincoln)** 383-384 High Street, Lincoln LN5 7SF
Tel: 01522 870100
www.wheelpowerlimited.com
- F & J Cycles** 41f Hungate, Lincoln LN1 1ES
Tel: 01522 545311
www.fandjcycles.co.uk
- Halfords** Tritton Road, Lincoln LN6 7AN
Tel: 01522 513186
- Halfords** Outer Circle Road Retail Park, Wragby Road, Lincoln LN2 4UX
Tel: 01522 545535
- Lincoln Bikes** Unit 3, Phase I, Exchange Road, Lincoln LN6 3JZ
Tel: 01522 683184
www.lincolnbikes.co.uk
- Lincoln Cycle Centre** 176 Newark Road, Lincoln LN5 8QJ
Tel: 01522 525559
www.lincolncyclecentre.co.uk
- Bike Shop** 50a Lombard Street, Newark, Nottinghamshire NG24 1XP
Tel: 01636 611646
www.bikeshop-newark.co.uk
- Halfords** 92 Northgate, Newark, Nottinghamshire NG24 1HF
Tel: 01636 612337
- Marriott's** 16a Appleton Gate, Newark, Nottinghamshire NG24 1JY
Tel: 01636 704842
- Village Cycles** 15 Fen View, Heighington, Lincolnshire LN4 1JN
Tel: 01522 889932

GOOD CYCLING CODE

- ON ALL ROUTES**
Please be courteous! Always cycle with respect for others, whether cyclists, pedestrians, people in wheelchairs, horse riders or drivers, and acknowledge those who give way to you.
- ON SHARED-USE PATHS**
- Give way to pedestrians: leave them plenty of room
 - Keep to your side of any dividing line and keep to the left when you meet other cyclists
 - Be prepared to slow down or stop if necessary
 - Don't expect to cycle at high speeds
 - Be careful at junctions, bends and entrances
 - Remember many people are hard of hearing and visually impaired – don't assume they can see or hear you
 - Carry a bell and use it – don't surprise people
 - Give way where there are wheelchair users and horse riders
- WHEN CYCLING ON ROADS**
- Always follow the Highway Code
 - Be seen – most accidents to cyclists happen at junctions
 - Fit lights and use them in poor visibility
 - Consider wearing a helmet and conspicuous clothing
 - Keep your bike roadworthy
 - Do not cycle on pavements except where designated – pavements are for pedestrians
 - Use your bell – not all pedestrians can see you
- AND IN THE COUNTRYSIDE**
- Always follow the Countryside Code
 - Respect other land management activities, farming or forestry and take litter home with you
 - Keep erosion to a minimum if off-road
 - Try to cycle or use public transport to travel to the start and finish of your ride
 - Match your speed to the surface and your skills
- THANK YOU FOR CYCLING!**
The bicycle does not cause pollution or contribute to climate change. Thank you for choosing this environmentally friendly form of transport.



MAP SYMBOLS

- Roads with heavy traffic – best avoided
- Off-road cycle route away from highway corridor
- Routes found useful by local cyclists – mainly on quiet roads
- Track – may be unsurfaced and muddy after rain
- Other roads
- Pedestrian area – no cycling
- On-road cycle lane – position denotes direction
- Fast or busy section of route – take extra care
- Footway beside busy road – cyclists must walk on the link footway
- Cycling permitted for part of each day
- Gradient steeper than 1 in 7
- Lincolnshire Linewoods with public access
- Light-controlled crossing for cyclists and pedestrians
- Light-controlled crossing for pedestrians
- Cycle shops
- Lincoln hirebike location
- Other cycle hire location
- Cycle parking stands
- Cycle parking lockers
- Tourist attraction
- School or college
- Tourist information
- Public toilets
- Camping/caravan site
- Public house
- Café
- Shop
- Ice cream parlour
- Children's play area
- Rail station
- Nature Reserve
- One way
- Path access point
- Take great care

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In Lincolnshire, fresh local produce has a special place in people's hearts. We're a county full of food experts - growers, producers, processors and artisan businesses making Lincolnshire the jewel in the UK food industry's crown. From succulent Lincolnshire meats and sausages, cheese, fresh salads and veg to local dairy treats. Look out for the Love Food Select Lincolnshire badge.
www.selectlincolnshire.com

UNIVERSITY OF LINCOLN Brayford Campus

- Campus Cycle Parking
- Public Cycle Parking
- Public Cycle Lockers
- Residents' Cycle Parking

CITY CENTRE

- SOME USEFUL CONTACTS**
- Lincolnshire County Council**
Tel: 01522 782070
www.lincolnshire.gov.uk
 - Lincoln Visitor Information Centre**
9 Castle Hill, Lincoln
Tel: 01522 545458
 - Lincolnshire Tourism**
Tel: 01522 782332
www.visitlincolnshire.com
 - Newark Tourist Information Centre**
Keepers Cottage, Riverside Park, Great North Road, Newark, Notts NG24 1BL
Tel: 01636 655785
 - Sustrans**
2 Cathedral Square, College Green, Bristol BS1 5DD
Tel: 0117 926 8893
www.sustrans.org.uk